

DECEMBER 2007
MONDAY

SECONDARY SCHOOL NU-MENU
TUESDAY

FONTANA UNIFIED SCHOOL DISTRICT
WEDNESDAY THURSDAY FRIDAY

Middle/High School Prices:
Breakfast: \$1.10/\$1.25
Lunch: \$1.50
Menu with (★) may contain Pork.
Some items may contain Peanuts.
Menu subject to change.
Please browse the Child Nutrition
Web Page www.fusd.net.com

Each day's Menu is designed to provide
1/3 of the Recommended Daily Allowance (RDA)
as required by the USDA.

The co-payment for Reduced Meals
has been waived for this school year!
Your offer vs. serve Students are required to
choose 2 items for Breakfast and Lunch.
They may select 2 side dishes for Lunch.

SERVED MONDAY (choose one): 1% Lite and 1% Low Fat Strawberry Milk
SERVED TUESDAY THRU FRIDAY (choose one): 1% Lite and Non-Fat Chocolate Milk
Unflavored Soy Milk available upon request.
Breakfast Sides (choose one): Monday: Peach Cup, Fresh Apple
Tuesday: Strawberry Cup, Fresh Orange, Wednesday: Pineapple Cup, Fresh Apple
Thursday: Apricot Cup, Fresh Banana, Friday: Applesauce Cup, Fresh Orange
SERVED DAILY AT LUNCH: Big Daddy's Pizza★, Chef Salad★
Spicy Chicken Patty on a Bun, Chimichanga★

DAILY BREAKFAST & LUNCH ITEMS

Cereal w/Peanut Cup Bagel w/Peanut Butter Cup Bagler's Strawberry Jelly Bar Biscuit w/Sausage & Cheese★	Cereal w/Peanut Cup Bagler's Cream Cheese Bar Egg, Sausage & Cheese Burrito★ Super Fortified Honey Wheat Donut	Cereal w/Peanut Cup Bagel w/Peanut Butter Cup Super Fortified Honey Bun Biscuit & Sausage w/Cheese★	Cereal w/Peanut Cup Super Fortified Honey Bun Bagel w/Peanut Butter Cup Biscuit w/Sausage & Cheese★	Cereal w/Peanut Cup Biscuit & Sausage w/Cheese★ Egg, Sausage & Cheese Burrito★ Super Fortified Honey Wheat Donut
Turkey Sandwich, BBQ Rib on a Bun★ Tony's Pepperoni Stuffed Sandwich★ SIDE DISHES (choose two): Strawberry Cup, Fresh Orange BBQ Beans, Carrot Sticks w/Peanut Butter Cup, Graham Crackers Frito Lay Baked Flamin' Hot Cheetos	Chicken Nuggets, Beef & Bean Burrito Peanut Butter & Jelly Sandwich SIDE DISHES (choose two): Pineapple Cup, Fresh Apple Oven Potatoes, Garden Salad w/Dressing Lil' Sports Snackers Frito Lay Baked Doritos Nacho Cheese	Tuna Sandwich, Bean & Cheese Burrito Cheeseburger on a Bun SIDE DISHES (choose two): Apricot Cup, Fresh Banana Green Beans, Celery Sticks w/Peanut Butter, Wheat Bread Roll Rice Krispies Mini Snack Treats	Chicken Nuggets, Turkey Sandwich BBQ Rib on a Bun★ SIDE DISHES (choose two): Applesauce Cup, Fresh Orange Sweet Corn, Shredded Lettuce Cup w/Pickles, Graham Crackers Frito Lay Baked Flamin' Hot Cheetos	Bean & Cheese Burrito, Cheeseburger Ham & Cheese Grinder★ SIDE DISHES (choose two): Peach Cup, Fresh Apple Sweet Peas, Carrot Sticks w/Peanut Butter, Wheat Bread Roll Frito Lay Garden Salsa Sun Chips
3 Piggle Stick w/Syrup★	4 Breakfast Pizza★	5 Vanilla Belgian Waffle Sticks & Sausage w/Syrup★	6 Cinnamon Toast w/Syrup	7 Cinnamon Belgian Waffle Sticks & Sausage w/Syrup★
Double Mini Cheeseburgers	Spaghetti w/Meat Sauce★	Sloppy Joe on a Bun★	Arroz con Pollo	Breadsticks w/Marinara Sauce
10 Piggle Stick w/Syrup★	11 Breakfast Pizza★	12 Vanilla Belgian Waffle Sticks & Sausage w/Syrup★	13 Cinnamon Toast w/Syrup	14 Cinnamon Belgian Waffle Sticks & Sausage w/Syrup★
Double Mini Cheeseburgers	Bean & Cheese Tostada	Turkey Gravy over Mashed Potatoes	Chicken Fajita Salad	Breadsticks w/Marinara Sauce
17 Piggle Stick w/Syrup★	18 Breakfast Pizza★	19 Vanilla Belgian Waffle Sticks & Sausage w/Syrup★	20 Cinnamon Toast w/Syrup	21 Cinnamon Belgian Waffle Sticks & Sausage w/Syrup★
Double Mini Cheeseburgers	Curly Macaroni & Cheese	Soft Beef Taco	BBQ Chicken on a Bun	Breadsticks w/Marinara Sauce

Holiday Break
December 24th ~ January 4th
Classes Resume on Monday, January 7th, 2008